



THE HAWK SQUAWK



March 8, 2024

HACKBERRY HILL WEEKLY NEWSLETTER Vol 1 Issue 26

Attendance line - [303-982-0238](tel:303-982-0238) Website: www.hackberryhill.jeffcopublicschools.org

IMPORTANT DATES

3/12 PTA Meeting 5:30pm

3/14 5th Grade Growing and Changing
Parent Meeting 5:30pm

NO SCHOOL - SPRING BREAK
March 18th - 22nd

3/25 - **NO SCHOOL** for students
Teacher Work day

3/28 - Kinder and 5th Grade
Cap and Gown Picture Day

Crossing Guard shifts

Monday 3/11
Morning - 76th Ave.

Tuesday 3/12
ALL SHIFTS OPEN

Wednesday 3/13
Morning - 76th Ave.
Afternoon - 76th Ave.

Thursday 3/14
ALL SHIFTS OPEN

Friday 3/15
Morning - 76th Ave.
Afternoon - 76th Ave.

Please sign up HERE!

WHAT'S FOR LUNCH?



Scan the QR code above or click here to be taken to the
SchoolCafe website. Log in to your account or choose
View Menus as Guest to see current lunch menus.

SUPPLY BOXES FOR 2024-25

Believe it or not, we are already two-thirds of the way
though this school year, and it's time to start thinking about
next year!

Why not take one more thing OFF of your to do list and order
your school supplies ahead of time? First Day School Supplies
offers a one stop shop, and your supplies will be delivered
directly to your home!

[Click HERE to purchase yours today!](#)



**PLEASE SEE PAGE 3 OF THIS NEWSLETTER FOR THE
NEXT ROUND OF ENRICHMENT PROGRAM OFFERINGS!**

Free Bikes For Kids!

We are pleased to offer free bikes to families in need as part of our commitment to supporting the community. If your student could benefit from this opportunity, please fill out the form by visiting the FEL website and filling out the request form.

Bicycle Request Form



Lifetouch Ordering information:

Class Pictures: mylifetouch.com

Picture Day ID EVT6RB62J

Spring Individual Pictures:

mylifetouch.com

Picture Day ID EVTWJQPBZ

Yearbook: ybpay.com

Yearbook ID Code 9228624

DEADLINE IS MARCH 29th

Please order ahead, we CANNOT guarantee any copies will be available in the office!



Hackberry Hill Elementary

IMAGINE ARTS ACADEMY™

Crayola WILD WORLD

The Art of Conservation
7 Week After-School Program for Kids Ages 5-12

Class Dates: 3/29, 4/5, 4/12, 4/19, 5/3, 5/10, 5/17 (Skip Date 4/26)

Kids explore the wonder and beauty of the animal kingdom, and discover nature in a way that inspires empathy, curiosity, and creativity.

They learn about many different animals and how wildlife conservationists are working to protect species around the globe.

They experiment with a variety of art techniques and use Crayola® art materials to create frog paintings, ink-diffusion jellyfish, polar bear sculptures, and more!

Kids learn about a famous conservationist in each class and how they are working to save the animals.

Register at
Colorado.MadScience.org
(303) 403-0432

7 weeks
Day: Fridays
Price: \$99
Time: 3-4pm







HACKBERRY ELEMENTARY

Adventures in ELECTRICITY & ENGINEERING!



Experience STEM Fun at Your School!

Class Dates: 4/4, 4/11, 4/18, 4/25, 5/2, 5/9, 5/16 (7 classes)

Grades: K-5
Day: Thursdays
Time: 2:40 to 3:40
Price: \$129

This brand new offering from Mad Science encourages early exploration of careers in engineering!

Circuits and currents and conductors, oh my! This electrifying after school program from Mad Science is sure to provide a hair-raising experience as students explore the inventions of Tesla, and more! Build your own simple circuits and take a ride on the electron highway to discover how currents flow. Get connected as you experiment with telecommunications and ask "Watt's Up?" as you witness incredible demonstrations of static electricity! This supercharged program will challenge students to identify the practical applications of electricity, engineering, energy and forces in their everyday lives through hands-on activities and exciting take-home projects each week!


**JAZZ/HIP HOP
DANCE CLASSES
NEXT SESSION IS HERE!!**



at Hackberry Hill Elementary

Thursdays, 2:40-3:40pm \$83 for 6 classes!

Session 5: Mar 28 - May 2

SIGN UP NOW!!

You can REGISTER NOW here



**Email Yourfriends@EliteDanceAcademy.net
OR CALL 303.466.8626 TO JOIN TODAY!**



Classes are filling up fast - Sign up today!



Colorado.MadScience.org
Info@MadScience.tv
303-403-0432

We Also Offer In-Class Workshops, Assemblies, Birthday Parties, and more!

MADSCIENCE © 2013 Mad Science Learning Inc. All rights reserved. MAD SCIENCE is a trademark owned by Mad Science Learning Inc. and used under license.



HACKBERRY HILL
OFFICIAL ONLINE STORE

1ST PLACE *Spiritwear*

Spring SALE 25% OFF

ORDER AT [1STPLACE.SALE/15694](https://1stplace.sale/15694)
HURRY! SALE ENDS MARCH 26TH

SCAN HERE TO ORDER

The Hackberry Hill Spring Spirit Wear Sale starts on **Tuesday!**

Choose from hundreds of designs and garments that are delivered to your home in days! You'll save 25% off the entire site! New product lines include Nike and Adidas!

Shop HERE!

SECOND GRADE FAMILIES, SEE BELOW!

ARVADA YOUTH FOOTBALL

Is looking to register current second graders for the 2024 tackle football season!

Why football?
If you are looking for a fun new exciting sport that promotes exercise, and encourages children to be healthy, while developing strength, agility, and endurance, football can be for your child. Teamwork is the most critical part of football. Your child will learn how to work together with individuals as a team to achieve outstanding results on the field. All while learning to train hard, play hard, and compete.

MEET THE COACH
My name is Andy Atencio and I was born and raised in Arvada Colorado. Growing up I was always interested in playing sports, mainly baseball and football. When I went to Arvada West High School, I focused on those two sports and went on to play them. While I was in college, Coaching is also a passion of mine. I started coaching youth flag football and baseball in 2020 and was also an assistant coach for the Arvada Badgers 8th grade team. My coaching goals are to motivate and encourage each player to reach their full potential as athletes and as individuals. Creating a confident environment is also key to promoting excellent sportsmanship, discipline, hardworking and respect among all players. I am also a USA certified coach who practices safe heads-up football techniques. Although I strive to be very competitive, I think that it is important for the players to have fun and enjoy their time playing football with their teammates.

Registration opens March 1, 2024
Visit the Arvada youth Football website @ arvadayouthfootball.com and register your child today!

FOR ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT ANDY ATENCIO HEAD COACH FOR THE ARVADA REAPERS @ acatencio@hotmail.com

Football is an honest game. It's true to life. It's a game about sharing. Football is a team game. So is life.
- Joe Namath



FAMILY HEALTHY HABIT: NUTRITION

CHOOSING HEALTHY BEVERAGES

EAT THE RAINBOW

One way to eat healthy is to eat a variety of colorful fruits and vegetables. Learn more about nutrients and what it means to "Eat the Rainbow".

• [Video](#)

[Infographic/Tips and Tricks for Parents](#)

SHARE A BOOK

A simple way to teach children the importance of healthy habits and nutrition is through books.

Check out our [Nutrition Book List](#).

HEALTHY EATING TIPS FOR PARENTS

Whether you have a toddler or a teen, here are five of the best strategies to improve nutrition and encourage healthy eating habits.

Have meals as a family.

- Serve a variety of healthy foods and snacks.

Be a role model by eating healthy yourself.

Involve your children in the process

Allow them to pick out the fruits and veggies at the store.

Allow them to cook with you.

Wash and cut produce when you get home

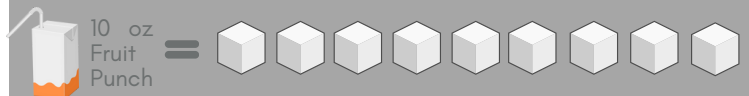
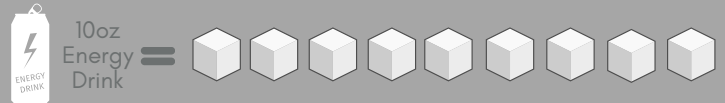
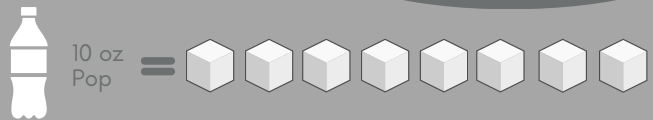
from the store-you will be more likely to eat it as a snack!

[Learn more at Kids Health.](#)

DID YOU KNOW?

The largest source of added sugar in kids' diets is not cake, cookies, or candy - it's drinks!

 = ONE TEASPOON OF SUGAR



DID YOU KNOW?

Doctors recommend at least 10 cups of water per day?

TIPS TO DRINK MORE WATER

- Keep a water bottle with you for you and your kids at all times.
- Set reminders to take water breaks.
- Add fruit or vegetables to add healthy flavor.
- Drink water with meals.



ADDITIONAL RESOURCES

[Cooking Matters](#) runs programs with Colorado parents and caregivers that cover how to shop for and cook healthy, kid-friendly, and affordable meals. [VIDEOS](#)

[My Plate](#) has activities that will set your child on a path towards a healthy future.



Scan for a
PDF version



Jeffco Healthy Schools
healthyschools@jeffco.k12.co.us